

She Persisted: Florence Griffith Joyner

BOOK CLUB DISCUSSION GUIDE



1. What was the most interesting fact about Florence Griffith Joyner that you learned while reading?

2. What question would you ask Florence Griffith Joyner if you had the chance to meet her?

3. What is the biggest lesson you're taking away from Florence Griffith Joyner's story?

4. What does it mean to be an overcomer?

5. Florence Griffith Joyner set two world records in 1988 that still stand today! In what ways do you think her persistence paved the way for woman athletes?

