

# HOW TO ZOMBIFY YOURSELF!

The Ultimate Guide to Zombie Face Paint for Your Zombie Parade!



## HERE IS WHAT YOU WILL NEED:

- An awesome kid or adult, or a friendly monster
- 4 make-up sponges (Don't let your monsters eat them!)
- White, black, red, yellow, and green face paint
- 1 thin make-up brush for the gory details
- 1 thick make-up brush for the monstrous touches

## WITH YOUR TOOLS AT THE READY, GET ZOMBIFYING!

- Using a make-up sponge, cover the entire face (avoiding the eyes) with a light layer of white face paint.
- Channel your inner scientist and mix a little black and white face paint to create a ghoulish gray.
- Using a new sponge, add a shadow of grey decay on the forehead, side of the chin, and below one cheek bone.
- Next up, the zomb-eyes! Create darker circles around the eyes using a sponge and the gray concoction.
- Using the thick make-up brush, ask your zombie to open wide and draw two lines: one from the top of the lip and out to the hollow of the cheek, and one line from the middle of the bottom lip and out to the hollow of the same cheek. Both lines should meet in the same spot creating a gaping triangle.
- Fill in this new “opening” with a thick coat of white face paint. With the thin make-up brush, use black paint to draw in some jagged teeth.

**Monster Tip:**  
Don't make the white too heavy—you want to look ghostly, not like a marshmallow!

**Monster Tip:**  
Add a thin layer of green face paint with the sponge on top of the grey to make it look extra sickly.

- Dab some yellow grossness onto those pearly whites with a sponge. Now put some red paint on a sponge and dab around the edges of the new zombie mouth.
- Finishing touches! Zombies are a little bit clumsy, so they might have a few cuts here and there. Two easy tricks are below!
  - Using the thin make-up brush and black paint, draw an upside down check mark on the forehead. Take red paint and color along the underside of the black check mark you drew to look like blood dripping down.
  - Using the thin make-up brush and black paint, draw three vertical lines anywhere on the face—the first one being the shortest, and the third one being the longest. Take the same brush and dip it in red paint, then draw a thick line through the three vertical lines so it looks like this zombie got some quick stitches.

Stretch out your cranky zombie limbs and head out for your zombie parade with no delay!

What do you do if you see a zombie?  
You better hope it's Halloween!



**Monster Tip:**  
Make this zombie your own! Add a few specks of blood with the tip of your brush wherever you want and add in some gray and yellow decay!

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KIDS  
ON EARTH

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